

# BEACH NETBALL: COMPETITION RULES & REGULATIONS

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## **Players & Team Eligibility:**

- Teams may register up to seven players. Each team has four players on the court at any one time.
- In mixed teams, there may be no more than two males on the court at any one time.

## **Timing:**

- Each game will be two x five minute halves, with a two minute break at half time.

## **Starting Play / Restarting Play:**

- After each goal is scored, a throw in will be taken from the goal line by a member of the opposing team. The ball must cross the transverse line before the team can take a shot for goal.

## **Scoring:**

- All players can shoot goals, but only two players from the one team can be in the goal ring at one time.
- Goals can be shot from in the goal ring for 1 point. Goals shot from outside the goal ring will be worth 3 points.

## **Substitutions:**

- Substitutions are allowed for each team immediately after a goal is scored, entering the court from the marked transverse area.

## **Match Rules:**

- Normal netball rules apply

