

GUIDELINES FOR NETBALL VICTORIA MEMBERS



**USE OF OUTDOOR
AND INDOOR VENUES
IS PERMITTED.**



**CONTACT TRAINING AND
COMPETITION FOR PEOPLE
18 YEARS AND UNDER**



**NON-CONTACT TRAINING
FOR ADULTS**



**MAINTAIN 1.5 METRE
PHYSICAL DISTANCING**



**IF YOU FEEL UNWELL,
DO NOT ATTEND**



**WASH
YOUR
HANDS**

GROUP LIMITS

Maximum of 20 people in each space, plus a coach and essential support personnel.

Where the facility has multiple courts, more than one group of 20 can be accommodated.

Groups must not cross over or mingle.

Contact your Club or Association for any specific training or competition requirements.

SPECTATORS

Only people required to support the participants are permitted (maximum one parent/guardian per child).

Parents/guardians are required to maintain a 1.5 metre physical distance from each other.

Parents/guardians should not gather in groups of more than 10.

ACTIVITY AND EQUIPMENT

Arrived dressed and ready to play.

If required, you will be responsible for your own strapping and taping.

Do not arrive prior to the activity commencing - check with your club to determine a preferred arrival time.

Contact training and competition can resume for people 18 years and under.

Netball training for adults must remain non-contact. Activity must be modified so that you can maintain a 1.5 metre physical distance from each other.

Minimise the use of shared equipment.

Do not share personal items.

Bring your own water bottle and hand towel.

Bring your own hand sanitiser.

Do not share food.

VENUES AND FACILITIES

Follow all signage or instructions that direct the flow of traffic or prevent access to areas of the facility.

Access to toilets and showers is permitted.

Entry to change rooms and club rooms is permitted, with up to 20 people per space, subject to the one person per four square metre rule.

It is recommended that only participants use change rooms.

Canteens and cafés may now open, whilst adhering to government guidelines.

A record of attendance must be kept; please provide your details where required.

HEALTH AND HYGIENE

If you feel unwell, do not attend.

Wash your hands with soap and water before and after the session, and more frequently as required.

Cover your coughs and sneezes with your elbow or a tissue.

Use hand sanitiser before, during and after training and competition.

Wash your uniform after each session with warm water and detergent.

Refrain from all unnecessary body contact, no handshakes or high fives.

Take it easy. A sudden increase in activity may predispose some individuals to injury.

Ensure you have purchased your 2020 Netball Victoria membership.

Do not attend training or competition if you are unwell and/or are experiencing symptoms such as a cough, sore throat, fever, fatigue or shortness of breath.

Do not attend if you have had close contact with a known or suspected case of COVID-19.

Any person with a possible case of COVID-19 should not attend until they have been cleared to do so by a doctor.

If you have had close contact with a known or suspected case of COVID-19, follow instructions from the Department of Health and Human Services.

To assist with contact tracing, download the CovidSafe App.

