

## RETURN TO COMMUNITY NETBALL QUICK REFERENCE GUIDE



Effective 22 June, 2020

The below information is aligned to the Victorian Government's Return to Play guidance.

TRAINING REQUIREMENTS	LEVEL B - Step 1 Effective 21 May	LEVEL B - Step 2 Effective 1 June	LEVEL C - Stage 1 Effective 22 June	LEVEL C - Stage 2 Effective TBC
Total participants 18/UNDER	Groups of up to 10, plus coach and/or essential support personnel	Groups of up to 20, plus coach and/or essential support personnel	No limit on the number of participants 18/U	No limit on the number of participants
Total participants ADULTS 18+	Groups of up to 10, plus coach and/or essential support personnel	Groups of up to 20, plus coach and/or essential support personnel	Groups of 20 in each space	No limit on the number of participants
Training and competition 18/UNDER	Training for up to 10 participants per group, plus a coach or facilitator	Training for up to 20 participants per group, plus a coach or facilitator	Full training and competition for people 18/U	Full training and competition for people 18/U
Training and competition ADULTS 18+	Training for up to 10 participants per group, plus a coach or facilitator	Training for up to 20 participants per group, plus a coach or facilitator	Non-contact training only for Adults 18+	Full-contact training and competition for Adults 18+ years TBC
Physical distancing 18/UNDER	Maintain 1.5 metre physical distancing	Maintain 1.5 metre physical distancing	Not required while participating	As per government restrictions
Physical distancing ADULTS 18+	Maintain 1.5 metre physical distancing	Maintain 1.5 metre physical distancing	Maintain 1.5 metre physical distancing at all times	As per government restrictions
Equipment ALL AGES	Minimise the use of shared equipment. All balls must be sanitised both prior to and after each group's use. Do not use bibs.	Minimise the use of shared equipment. All balls must be sanitised both prior to and after each group's use. Do not use bibs.	Minimise the use of shared equipment. All equipment must be cleaned and sanitised both prior to and after each session.	Minimise the use of shared equipment. All equipment must be cleaned and sanitised both prior to and after each session.
Training and competition length ALL AGES	Recommended maximum; 60 minutes	Recommended maximum; 60 minutes	As determined by Club/Association	As determined by Club/Association
Break between sessions ALL AGES	Allow 20 minutes between each group's scheduled training time	Allow 20 minutes between each group's scheduled training time	Recommend extending break between session times	As determined by Club/Association
Participant arrival time ALL AGES	Do not arrive more than 15 minutes prior to the activity commencing	Do not arrive more than 15 minutes prior to the activity commencing	As determined by Club/Association	As determined by Club/Association
Participant departure time ALL AGES	Depart within 10 minutes of session completion	Depart within 10 minutes of session completion	As determined by Club/Association	As determined by Club/Association
Number of sessions per week ALL AGES	Reccomended one session per week	Reccomended one session per week	Unrestricted	Unrestricted
Game day checklist	Required	Required	Required	Required
Attendance checklist	Required	Required	Recommended	TBC
Non-contact training	Permitted	Permitted	Permitted	Permitted
Contact training	Not permitted	Not permitted	Permitted for participants 18/U only	Permitted for all participants
Competition	Not permitted	Not permitted	Permitted for participants 18/U only	Permitted for all participants
Other contact (handshakes, huddles, high fives, etc.)	Not permitted	Not permitted	Not permitted	TBC
Hand sanitiser available	Required	Required	Required	Required
First aid kit available (inclusive of rubber gloves)	Required	Required	Required	Required
Individually-labelled water bottle and hand towel	Mandatory	Mandatory	Mandatory	Mandatory
Uniforms ALL AGES	Players' training uniform washed (with warm water and detergent) after each session	Players' training uniform washed (with warm water and detergent) after each session	Players' training uniform washed (with warm water and detergent) after each session	Players' training uniform washed (with warm water and detergent) after each session
Social events at venue	Not permitted	Not permitted	Up to 20 people permitted per indoor space	TBC
Spectators	Not permitted - parent/guardian may drop off and collect child 18/U from venue	Not permitted - parent/guardian may drop off and collect child 18/U from venue	No spectators recommended. One parent/guardian per child permitted to supervise, must abide by gathering restrictions. Gather in groups of no more than 10.	TBC