

MONDAY 18 OCTOBER - SUNDAY 24 OCTOBER

MONDAY 18 OCTOBER (ONLINE)

FROM 7pm

A conversation between Netball Australia CEO Kelly Ryan and Mad4Leaders presenters Alison Crabb & Lyndall Russell on Fearless Leadership.







ONLINE SESSIONS

TUESDAY 19 OCTOBER

FROM 7PM

COACH MENTORING

Richelle McKenzie & Simone McKinnis OAM

GAME & MATCH MANAGEMENT

Kate Wright

ENVIRONMENTAL IMPACTS ON NETBALL

Dr Sheila Nguyen, Dr Sally Sherwen, Kellie Duff & Mick Hassett

WEDNESDAY 20 OCTOBER FROM 7PM

COACHING PRACTICES & TRAINING

Simone McKinnis OAM

FROM GRASSROOTS TO HIGH PERFORMANCE

Raechel Richards

SUPPORTING VOLUNTEERS **THROUGH CHANGE**

Nikki Burger, Ian Fullagar, Steve Pallas

PRACTICAL SESSION
STATE NETBALL CENTRE
PARKVILLE

PRACTICAL SESSION STATE NETBALL CENTRE **PARKVILLE**

ONLINE SESSION

SUNDAY 6 FEBRUARY SUNDAY 6 FEBRUARY

SUNDAY 24 OCTOBER

10AM - 2PM

10AM - 2PM

GOALER SESSION

MEETING OF THE MINDS

10AM - 2PM

Sharelle McMahon **CENTRE COURT SESSION**

Michael Portaro

FEARLESS LEADERSHIP IN ACTION

Shelley O'Donnell

POSITIONING, VISION &

Lyndall Russell, Mad4Leaders

DEFENSIVE SESSION Cathy Fellows

TIMING Nicole Bullen **CORE VALUES & LEADERSHIP** Sport & Life Training (SALT)

JUNIOR LEADERSHIP PROGRAM **BECOMING A YOUNG WOMAN OF INFLUENCE**

SUNDAY 24 OCTOBER

ONLINE SESSION

10AM - 11AM

11AM - 12.30PM

1PM - 3PM

A JOURNEY TO BECOMING WOMEN OF INFLUENCE

Emily Mannix Jessica Trend

BECOMING A WOMAN OF INFLUENCE

Gail Ackroyd Sport & Life Training (SALT)

ME AND MY ABILITY TO **INFLUENCE**

Lyndall Russell, Mad4Leaders



MONDAY 18 OCTOBER – SUNDAY 24 OCTOBER

LEADERSHIP SPEAKERS

KELLY RYAN



Kelly is a sound business professional who has established a strong results driven career through the media and sport industries.

Having completed a Bachelor of Business majoring in Marketing, Kelly has held executive roles for the past 12 years leading disciplines such as marketing, commercial, consumer business, customer experience, member acquisition and retention, stadium operations, major events and women's strategies.

She has a demonstrated ability in every core aspect of business including innovative strategic planning, stakeholder management, financial management, commercial growth and people management. She is a strong leader and passionate about building other great managers and leaders.

Kelly has also graduated from Harvard Business School completing the Authentic Leadership Program and is on the Board of Athletics Victoria.

Kelly was awarded the AFL's highest off field honour in 2017 being named the recipient of the Graeme Samuel Scholarship and is now CEO of Netball Australia. Most importantly she is a proud mum to two beautiful girls.

MAD4LEADERS

ALISON CRABB



One of our nation's most successful business women this decade. After 25 years in the Flight Centre Travel Group, working with more than 1000 staff across more than 200 retail outlets, generating \$1.2 billion in sales, Alison is bringing her considerable talents to businesses ready for leadership excellence. Alison has won many accolades including the Flight Centre Director's Awards and was a finalist in the Telstra Business women of the Year awards. She believes that people determine success (or failure), and is passionate about and experienced in helping businesses create a sense of belonging within their organisation.

LYNDALL RUSSELL



One of Australia's most experienced, credentialled and diverse transformational facilitators. Lyndall is renowned for her razor sharp insight and her high empathy. She is sought after by executives across a number of sectors to assist them in leading people and career progression. Lyndall's unique combination of psychotherapeutic perspectives, analytical ability and business acumen establish her as remarkable in her field. Her skills have been developed over many thousands of hours of face to face and group consultation. She is fascinated by the unique way each of us as humans adapt to our environment. She takes that into being curious about what that means for us when we are in relationships and organisations. Leadership, in particular, ultimately becomes about how well you know yourself in relationship. Her purpose is to facilitate conscious awareness in a way that helps. To listen to you so that you feel understood.



MONDAY 18 OCTOBER – SUNDAY 24 OCTOBER

COACHING STREAM OVERVIEW

SESSION 1: TUESDAY 19 OCTOBER FROM 7PM

COACH MENTORING

PRESENTED BY RICHELLE MCKENZIE & SIMONE MCKINNIS OAM

Successful mentoring programs are built on the backs of successful mentoring relationships. More importantly, participants will get the most benefit from a mentorship that has a strong relationship at its core.

Richelle McKenzie will present how to build a successful mentoring relationship where you will learn what you should be looking for, what to expect, how to get the best from your mentor relationship and how to set up a mentor relationship. Simone McKinnis will be answering various questions to give a deeper insight on being a mentee and on successful mentoring relationships.

SESSION 2: WEDNESDAY 20 OCTOBER FROM 7PM

COACHING PRACTICES AND TRAINING

PRESENTED BY SIMONE MCKINNIS OAM & PETER LAZER

As arguably the best WD in Australia's netball history, and awarded Coach of the Year multiple times, Melbourne Vixens head coach Simone McKinnis knows her stuff.

In this session, hosted by the master of all ceremonies, Pete Lazer, Simone will take coaches through setting up and structuring a training session, as well as bringing game outcomes into a training environment. Simone will answer all things coaching and training, sharing her knowledge and strategies to be a successful coach and planning successful training lessons, and the importance of how to balance the fundamentals and strategies.

SESSION 3: SUNDAY 6 FEBRUARY FROM 10AM AT STATE NETBALL CENTRE

SPECIALIST SESSIONS IN GOALING, CENTRE COURT AND DEFENCE

PRESENTED BY SHARELLE MCMAHON, SHELLEY O'DONNELL & CATHY FELLOWS

Learn how to develop a training session for the specific court areas, from a few ladies who need no introduction.

Sharelle McMahon will give an insight into how to develop your goalers, through a specialist goaling session. Cathy Fellows will give you the tools you need to maximise training for your defenders, and Shelley O'Donnell will help turn your centre court into a well-oiled machine. These three presenters are renowned for their achievements as well as their netball knowledge and coaching. This will be presented as a first hand experience with athletes and real time feedback and instructions. A training session plan will be provided for all three court areas.



MONDAY 18 OCTOBER - SUNDAY 24 OCTOBER

COACHING STREAM PRESENTERS

RICHELLE MCKENZIE



Richelle McKenzie has held almost every role in netball over her five decades of involvement. From elite player to high performance coach, McKenzie has coached at every level- State League, Victorian Netball League, Zone Academy programs, and as Victorian State coach. Her wealth of knowledge has also led her to education- presenting courses and assessing accreditation. McKenzie also held the position of Melbourne Phoenix team manager from 1999-2003, was a Netball Victoria board member and Director from 2008, and was president of Netball Victoria in 2017-2020.

SIMONE MCKINNIS OAM



After captaining the Melbourne Phoenix to a premiership in the inaugural year of the Commonwealth Bank Trophy in 1997, Simone McKinnis OAM retired from elite netball in 1998. Following her playing career, McKinnis turned her sights to coaching, working at the Melbourne Phoenix and Australian Institute of Sport, before heading to the Vixens in 2012. McKinnis has been the head coach since 2013, winning two championships.

SHARELLE MCMAHON



One of netball's all-time greats, Sharelle McMahon has achieved almost every accolade on offer in the sport. McMahon's playing career in the Victorian pathway is stellar – claiming five premierships with the Phoenix, one with the Vixens and being named club MVP seven times. After concluding her playing career, McMahon continued to provide her expertise to the Vixens playing group, returning to the club as a specialist coach in 2014, and then as assistant coach from 2019-2021.

SHELLEY O'DONNELL



Playing 80 games for her country, Shelley O'Donnell epitomised the tough, attacking player and dominated the centre court through the 90s. She was a member of the Australia teams that won gold medals at the 1991, 1995 and 1999 World Netball Championships, the 1993 World Games and the 1998 Commonwealth Games. During the Esso/Mobil Superleague era, O'Donnell played for several teams, including the Australian Institute of Sport and Contax. Between 1997 and 2005, O'Donnell played for Melbourne Kestrels in the Commonwealth Bank Trophy league. In 1992, she was awarded the Order of Australia Medal. O'Donnell has been a coaching director at ASC Netball programs for many years.



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COACHING STREAM PRESENTERS

CATHY FELLOWS



One of netball's most respected figures, Cathy Fellows has been responsible for both the technical direction of Victoria's pathway programs, as well as overseeing the VIS development netballers. Fellows brings a wealth of knowledge and experience to the role having worked in various stages of the netball pathway; she has previously held various coaching roles within the Melbourne Kestrels, Melbourne Vixens, Victorian Fury and Victorian Flames frameworks, most notably guiding the Victorian Fury to their fourth consecutive Australian Netball League (ANL) title in 2016. Most recently, Fellows has worked with various Suncorp Super Netball (SSN) teams, including the Collingwood Magpies in 2017 and 2018, and then held the position of Assistant Coach at the Adelaide Thunderbirds in 2019.



MONDAY 18 OCTOBER – SUNDAY 24 OCTOBER

UMPIRING STREAM OVERVIEW

SESSION 1: TUESDAY 19 OCTOBER FROM 7PM

GAME AND MATCH MANAGEMENT

PRESENTED BY KATE WRIGHT

Netball umpires know there's more to the role on court than just blowing a whistle. In this session, Kate will explore the difference between game and match management, and the knowledge and skills required of the umpire. This session will discuss control strategies and what an umpire needs in their 'toolkit' to ensure that a match is managed in a safe and fair manner.

Kate will also explain the procedures and protocols for sanctions and discipline when it comes to game management. You will learn the actions required of an umpire for addressing instances of foul play, and behaviour that is unfair, dangerous or not in the spirit of the rules of the game.

SESSION 2: WEDNESDAY 20 OCTOBER FROM 7PM

FROM GRASSROOTS TO HIGH PERFORMANCE

PRESENTED BY RAECHEL RICHARDS

Learning the basics at grassroots level can set umpires up for a successful progression through the umpiring pathway.

Raechel will help identify these developmental trends in umpiring at high performance and how these can be addressed and corrected in the early years of umpiring.

SESSION 3: SUNDAY 6 FEBRUARY FROM 10AM

MEETING OF THE MINDS

PRESENTED BY MICHAEL PORTARO

It is more important than ever to have an understanding of how to support your umpires at your association, league and club.

This session will involve a panel discussion around retention, recruitment and development of umpires across the state. This is an opportunity to hear from umpires, mentors and conveners about how the community can work together to address state-wide issues and bolster the capacity and capability of Victorian umpires.

POSITIONING, VISION AND TIMING

PRESENTED BY NICOLE BULLEN

This practical session will involve drills and activities for umpires to work on improving their positioning, vision and timing on court. These areas of development work in conjunction with each other and are key for all umpires of every level of accreditation.

Designed for active participation, the session can also be observed by umpire coaches and mentors to take back and incorporate in their training programs with developing young umpires to build this skillset.

Participants are required to wear appropriate activewear/exercise clothing and footwear.



MONDAY 18 OCTOBER – SUNDAY 24 OCTOBER

UMPIRING STREAM PRESENTERS

KATE WRIGHT



Kate was awarded her All Australian umpire award in 1999 and has held an IUA award (International Umpire) since 2001. Kate has travelled extensively overseas to umpire at the World Netball Championships in 2007 and 2011, the World Youth Netball Championships in 2009 and numerous test series over the past 14 years of international umpiring.

Kate has been recognised for her commitment to officiating by winning the Australian Sports Medal, the Australian Umpire of the Year and the Most Improved Australian umpire in 2000.

The experience and knowledge that Kate has developed over the years through her overseas netball commitments and those at home is invaluable.

Kate continues to officiate overseas and at home at the elite level, most recently umpiring the 2021 Suncorp Super Netball grand final, as well as mentoring and coaching young umpires including her own daughter at the local association.

RAECHEL RICHARDS



Raechel is an All Australian Umpire that has coached and officiated across the Suncorp Super Netball, ANZ Championship and Commonwealth Bank Trophy competitions within Australia. She has extensive high performance coaching experience gained over the past decade at a national and state level. She has provided umpire education for Netball Australia and Netball Victoria both nationally and internationally.

Raechel is the current High Performance Lead Umpire coach (part of the Allocations Panel) for the umpiring pathway in the Victorian Netball League. Her vast knowledge and ability to provide umpire education as well as identifying key development opportunities for individuals within the high performance squad is instrumental in setting a new benchmark and direction for umpiring at VNL. Raechel is also involved in the education and mentoring of new umpire coaches within the Netball Victoria high performance competitions. Along with Raechel's high performance experience she is also involved in grassroots development at the Eastern Football Netball League as the Umpire Coordinator responsible for coaching, assessment and allocating of the umpiring cohort.



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UMPIRING STREAM PRESENTERS

MICHAEL PORTARO



Michael was elected to the board of Netball Victoria in April 2021 which has given him the opportunity to realise a long-held dream to serve the game of netball in Victoria. He has been involved in the sport at all levels - as a participant, administrator, coach, team manager, club official, umpire and volunteer - for more than 30 years.

Michael has outstanding knowledge of the game particularly in the area of umpiring. He has officiated games at all levels for several years and also brings over twenty years' experience in education. Michael currently holds the role of a primary school principal and continues to be a passionate supporter of community-based organisations and clubs across Victoria.

Michael has shown an almost lifelong commitment to netball and his office as a principal is evidence of his ability to lead and manage to a high level. He brings a wealth of experience, knowledge and responsibility to Netball Victoria.

NICOLE BULLEN



Making her Suncorp Super Netball debut in 2021, Nicole has progressed through the Netball Victoria pathway thanks to her dedication and hard work. Starting out at Parkville Netball where she was awarded her C and B badges, Nicole worked her way towards trialling for the B squad in 2017 and was selected to umpire as part of the VNL squad. In 2018, she was identified in the Targeted Umpires Program and in the final round of the VNL competition was awarded her A badge. From there, Nicole was elected to represent Victoria at the Australian National Championships and again was talent identified to become part of the Netball Australia's Emerging Talent Squad. Making the most of the opportunities in front of her, Nicole has worked tirelessly to reach her goal of umpiring SSN.



MONDAY 18 OCTOBER – SUNDAY 24 OCTOBER

AFFILIATE DEVELOPMENT OVERVIEW

SESSION 1: TUESDAY 19 OCTOBER FROM 7PM

ENVIRONMENTAL IMPACTS ON NETBALL

Session 1: Setting the Scene presented by Dr. Sheila Nguyen

Sheila will talk about environmental impacts across the world and demonstrate how the environment is affecting the places we play sport. What does the future hold if we don't change our behaviours? What can our sporting community do to help? She will provide case studies and discuss the fantastic resource 'Future Proofing Community Sport & Recreation Facilities'

Session 2: Behaviours - Where to start? presented by Dr. Sally Sherwen

What does our netball community need to change and consider in their operations which can have a more positive impact on the environment? What opportunities exist for netball communities to get actively involved to show leadership? How do you reduce carbon emissions in canteens? Dr. Sally Sherwen will talk about initiatives and the top five behaviours which will set you on your path.

Session 3: Environmental Considerations for Facilities presented by Kellie Duff & Mick Hassett.

2MH is the preferred supplier of technical services to Netball Victoria and is Victoria's industry leader for netball court design work. Councils are now investigating alternative playing surfaces such as recycled asphalt, solar, improved lighting and the type of acrylic court colours; which are all considerations in this changing environment. 2MH will highlight some of the environmentally friendly products being researched and used in netball projects.

SESSION 2: WEDNESDAY 20 OCTOBER FROM 7PM

SUPPORTING VOLUNTEERS THROUGH CHANGE

Session 1: Governance presented by Nikki Burger.

With over 15 years' experience in sport management, Nikki Burger will present what makes an agile organisation, the history of volunteer involvement and why it is still important today and what our netball associations and leagues need to know about evolving their organisation.

Session 2: Legal presented by Ian Fullagar.

lan will break down the legal jargon to help your association or league understand your responsibilities and obligations. What are the legal responsibilities of boards and committees in a changing environment? What are the obligations of our netball affiliates when employing staff vs engaging volunteers? What impact does paid staff have on constitution and policies?

Session 3: Volunteers presented by Steve Pallas.

Volunteers are at the core of a successful and welcoming netball community. So, what effect has Covid had on volunteers? How do we recover post-Covid? How do you attract, retain and empower your volunteers? Steve will take participants through strategies for committees to manage volunteer recruitment, particularly post-Covid.



MONDAY 18 OCTOBER – SUNDAY 24 OCTOBER

AFFILIATE DEVELOPMENT OVERVIEW

SESSION 3: SUNDAY 24 OCTOBER FROM 10AM

FEARLESS LEADERSHIP IN ACTION

PRESENTED BY LYNDALL RUSSELL from MAD4LEADERS

Lyndall will take you on a journey of how to put fearless leadership in action. Fearless leadership has never been more important. In this experiential workshop you will:

- Define what fearless leadership means to you, and what you bring to it
- Understand and develop your fearless leadership skills
- How to fearlessly lead in difficult times
- Skills to build emotionally intelligent leaders around you.

CORE VALUES AND LEADERSHIP

PRESENTED BY SPORT AND LIFE TRAINING (SALT)

In this session, the concept of leadership will be discussed with the premise being that everyone is a leader when it is their turn to step up. The SALT facilitator will take you through establishing five core values and working through how you can exemplify those values.



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AFFILIATE DEVELOPMENT STREAM PRESENTERS

DR. SHEILA NGUYEN



Dr Sheila Nguyen is the Executive Director of Sports Environment Alliance. She is committed to research evidencing the influence sport has as a change agent for social and environmental good. Working in licensing/marketing, corporate consulting, broadcasting, as former Non-Executive Director of Baseball Victoria and Course Director of the Master of Business (Sport Management) program at Deakin University, she has seen the potential and actual power of sport to effectively empower social change. For her, ecological consciousness is yet another frontier ready to be tackled.

DR. SALLY SHERWEN



Dr Sally Sherwen is the Director of Wildlife Conservation and Science at Zoos Victoria. Sally leads a team of scientists and specialists that develop and deliver strategic programs in conservation, animal welfare, education and environmental sustainability. Sally has a PhD in Animal Welfare Science and in previous roles has established an evidence-based research program in animal behaviour and welfare science, developed and implemented an institutional welfare assessment tool to advance welfare standards and designed and ran collaborative training courses with several NGOs for industry professionals and community groups.

KELLIE DUFF



Kellie has many years of experience in the sports and recreation design and construction industry and has been a key Project Manager at 2MH Consulting for over 15 years. As the Operations and Senior Project Manager, Kellie is proficient in managing all aspects of a projects journey, from condition and compliance audit & reporting, project scoping, the design process, compilation of the documentation for tender and ultimately the project management of a large array of projects from the very smallest to the more detailed and intricate large scale, big budget projects. Kellie specialises in netball and tennis design and wrote the Netball Australia National Facilities Policy Technical Manual and various technical documents for both Netball Victoria and Tennis Victoria, being the technical go-to person for sporting bodies, contractors, councils, clubs and associations. Kellie is also heavily involved in netball and tennis at a grassroots level, with a specific passion for netball and coaching. Understanding the practicalities of the sports that she designs and oversees plays a major role in delivering high quality, practical and sustainable facilities that she knows the community will love.



MONDAY 18 OCTOBER – SUNDAY 24 OCTOBER

AFFILIATE DEVELOPMENT STREAM PRESENTERS



MICK HASSETT

Mick Hassett is the Director of 2MH Consulting, which he founded in 1999. Over that time, Mick has delivered projects for rural and urban local government councils, spanning recreation reserves, sports facilities, landscape designs and streetscapes. Mick has more than 32 years of experience, including his time as Parks Co-ordinator with the Macedon Ranges Shire Council. As the Director of 2MH Consulting, Mick works mainly as the primary Project Manager and general consultant advising local government departments on all aspects of their business — mostly working with recreational & sport facility management, parks and gardens, civil construction and capital works project delivery. Mick's role involves working closely with key stakeholders, community groups, and sporting clubs to ensure the successful design, construction, and completion of projects. With significant local government experience, Mick is aware of the importance of community consultation to determine future needs, usage, and aspirations regarding public open space and recreation reserves and facilities.



MONDAY 18 OCTOBER – SUNDAY 24 OCTOBER

AFFILIATE DEVELOPMENT STREAM PRESENTERS

NIKKI BURGER



With over 15 years' experience in sport management, Nikki Burger is a Director of Life Sport Journey, with specialist skills in strategic planning, project management and stakeholder engagement. Nikki is also a Sport Development Manager with the Olympic Winter Institute of Australia, providing strategic support to five winter national federations. She served as Maccabi Australia General Manager of the 2017 Australian Team to the Maccabi Games (Israel) and is a former employee of Swimming Victoria and Chief Executive of Melbourne Vicentre Swimming Club. Nikki holds a Graduate Certificate of Business (Sport Management), Bachelor of Arts (Interior Design) (Honours) and a Bachelor of Planning and Design.

IAN FULLAGAR



Ian Fullagar has nearly 30 years experience in legal practice achieving his Bachelors of Arts & Law at the University of Tasmania in 1988. He also a Master of Law (University of Melbourne, 1996) and a Member of Law Institute of Victoria. Ian has very broad corporate and commercial legal experience and specialist expertise in Sports Law and Public Law. He has been listed in the 2010-2017 editions of Best lawyers for his experience in Sports Law and the 2016-2017 editions of Best Lawyers for his experience in Commercial Law. He was listed in Chambers Asia Pacific Guide 2017 as a Notable Practitioner in Australia for Sports Law. Ian has held many positions on government, commercial and not-for-profit boards.

STEVE PALLAS



Steve Pallas is the founder and Managing Director of Sports Community. Sports Community encompasses a multi-media online support platform for grassroots sports club volunteers, as well as consulting services for government and peak sporting bodies including the likes Netball Victoria, Cricket Australia, ACT and NT governments and over 80 councils all around Australia. Previously a successful financial services executive and CEO of the Mornington Peninsula Football Netball League, Steve's passion for grassroots sport and his accumulated knowledge from working with all stakeholders in grassroots sport, since Sports Community's incorporation in 2012, now places him as an expert in the field. He is in demand as a speaker, a research partner and as a trusted resource for the volunteers and stakeholders that drive Australia's sports clubs.

LYNDALL RUSSELL



One of Australia's most experienced, credentialled and diverse transformational facilitators. Lyndall is renowned for her razor sharp insight and her high empathy. She is sought after by executives across a number of sectors to assist them in leading people and career progression. Lyndall's unique combination of psychotherapeutic perspectives, analytical ability and business acumen establish her as remarkable in her field. Her skills have been developed over many thousands of hours of face to face and group consultation. She is fascinated by the unique way each of us as humans adapt to our environment. She takes that into being curious about what that means for us when we are in relationships and organisations. Leadership, in particular, ultimately becomes about how well you know yourself in relationship. Her purpose is to facilitate conscious awareness in a way that helps. To listen to you so that you feel understood.



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JUNIOR LEADERSHIP PROGRAM OVERVIEW

SUNDAY 24 OCTOBER FROM 10AM (ONLINE)

SESSION 1: A JOURNEY TO BECOMING A WOMAN OF INFLUENCE

PRESENTED BY EMILY MANNIX AND JESSICA TREND

Emily Mannix - Vice-captain of the Melbourne Vixens

Emily Mannix has become one of the league's most feared defenders. Across her career, Emily has been awards the Sharelle McMahon Medal (2019 - the Melbourne Vixens' MVP), runner-up MVP (2017) and represented her country with the Australian Diamonds. In 2020, her first year as vice-captain, Mannix was a part of the Vixens' championship winning team. Hear from Emily about her journey to becoming vice-captain of the Vixens and a woman of influence on and off the court.

Jessica Trend - AFLW player and 2021 Big Brother contestant

Jess Trend was an enthusiastic eastern suburbs netballer who became a footballer and sports podcaster. She is a qualified primary school teacher with four years of classroom experience now working as a Workforce Coach Development Officer for Netball Victoria. In 2020, Jess joined 26 housemates in the 13th series of rebooted reality TV show Big Brother. Hear from Jess how becoming a woman of influence in sport and life helped her play the Big Brother game and making it to the top 10.

SESSION 2: SPORT AND LIFE TRAINING - BECOMING A WOMAN OF INFLUENCE

PRESENTED BY GAIL ACKROYD

This session is designed to encourage girls/women (14-19 age group) to become women of influence in their communities. Women identify their strengths and their leadership style and understand how they can use them in all areas of their lives. This course highlights the attributes of good leaders and guides women in how to apply these qualities off the field as well as on it. The role of humility, character, values, trust and effective communication are discussed. Women are encouraged to understand the value of helping others.

SESSION 3: ME AND MY ABILITY TO INFLUENCE

PRESENTED BY LYNDALL RUSSELL

The Mad4Leaders' philosophical approach is centred on building effective leaders from the inside out. In order to create the results that you wish to create, you first need to understand the behaviours that you utilise to create those results, and the beliefs that underpin those behaviours. Success in leadership is most significant, and sustainable, when it incorporates your ability to be accountable and responsible for your own level of development and insight. During this session you will engage in some fun activities providing insight into your own ability to influence.



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JUNIOR LEADERSHIP PROGRAM PRESENTERS

EMILY MANNIX



Vice captain of the Melbourne Vixens, Emily Mannix has become one of the league's most feared defenders. A St Leonard's local, Mannix made her Vixens debut in 2015, and impressed despite having limited opportunities.

Learning from two of the best defenders in the business, Bianca Chatfield and Geva Mentor, Mannix's time, patience and learning abilities prepared her to make an impact out on court.

Mannix and her Vixens partner in defence, Jo Weston, are no strangers, playing much of their state underage netball together. In a demonstration of the pair's connection on court, the two also performed like a well oiled machine in the defensive circle for Australia in the international test series.

Rewarded for her outstanding season, Mannix finished runner-up in the 2017 Sharelle McMahon Medal, and made her Samsung Australian Diamonds debut.

Her constant perseverance and hard work paid off in 2019 where she received the 2019 Sharelle McMahon Medal as the Vixens MVP.

In 2020, her first year as vice captain, Mannix was a part of the Vixens' championship winning team.

JESSICA TREND



An enthusiastic eastern suburbs netballer, Jess became a footballer, sports podcaster and qualified primary school teacher with four years of classroom experience where where she loves to inspire and help younger people.

With the sporting world it's just the professionalism that she absolutely adores; putting in all the effort and the 100 percent intensity that you can offer as a person to get you as far as you possibly can.

Jess signed with North Melbourne as a free agent during the expansion club signing period in 2018, then in the AFL trade period ahead of the 2021 season, she was traded to Fremantle. She paused her AFLW career to become one of the 26 housemates in the 13th series of reality TV show Big Brother.

When entering the house, it was important to her that she was able to stand up for herself and for what she believed in. During my time on the show, she experienced tremendous growth and resilience and discovered she was a lot tougher than she thought, and as a result, secured a place in the final ten.

Jess has experience in media, hosting her own AFLW show with the AFLW's Instagram. Currently, she is a Workforce Coach Development Officer for Netball Victoria. This role allows her to combine her educational background with her passion for sport.



MONDAY 18 OCTOBER – SUNDAY 24 OCTOBER

JUNIOR LEADERSHIP PROGRAM PRESENTERS

GAIL ACKROYD



I have spent most of my work life working with young people. Initially I worked with young people going through the Juvenile Justice System and spent the last 6 years as a School Chaplain as part of the Wellbeing Team of a Government Secondary College. I have never lost my passion for this age group, their honesty, vulnerability, courage and resilience are a constant inspiration to me. I am passionate about creating safe space for them to share, overcome difficulties and to become the best version of themselves.

I love learning new things which at the moment means I am studying Trauma, Grief and Loss Counselling as well a learning silver smithing. Rock n roll dancing is next on the list!

I am really excited to speak and engage with many people through the amazing work SALT does and very aware of what a privilege it is to be able to do this.

LYNDALL RUSSELL



One of Australia's most experienced, credentialled and diverse transformational facilitators. Lyndall is renowned for her razor sharp insight and her high empathy. She is sought after by executives across a number of sectors to assist them in leading people and career progression. Lyndall's unique combination of psychotherapeutic perspectives, analytical ability and business acumen establish her as remarkable in her field. Her skills have been developed over many thousands of hours of face to face and group consultation. I am fascinated by the unique way each of us as humans adapt to our environment. I take that into being curious about what that means for us when we are in relationships and organisations. Leadership, in particular, ultimately becomes about how well you know yourself in relationship. My purpose is to facilitate conscious awareness in a way that helps. To listen to you so that you feel understood.