



life
sport
journey

Life Sport Journey is the sports consultancy created by Nikki Burger to support the development of sport organisations and their people to achieve their strategic goals

We specialise in strategic planning, project management and program review. Through our personalised, client-focused approach, we have assisted numerous sport organisations, staff and volunteers in their roles for over a decade.

Life Sport Journey understands the ever-evolving environment in which sport is delivered.

We understand the challenges clubs, staff and volunteers face and the tools needed to deliver sport in a safe and inclusive community environment. We will share good governance frameworks and help you develop your sport participation and performance pathway strategies.

We are passionate about organisation and people development and ensure every brief is met with dedicated attention to detail.

2023 capacity building packages for sport organisations

Life Sport Journey capacity building packages are especially tailored for grassroots clubs, associations and districts.

We encourage organisations to seek access to funding available through the [Sport and Recreation Victoria Sporting Club Grants Program](#) (*please refer Category 3 – Operational Capacity*) to support the development of a Strategic Plan and/or a Policies and Procedures Manual. Access to this funding helps clubs and organisations create new participation opportunities, improve accessibility and strengthen operational capacity.

Please reach out today

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Preparation of a Strategic Plan

Starting from
\$4,800* (excl. GST)

- Facilitated online workshop (2.5hrs) for Boards/Committees building your three-year strategic plan uniquely tailored to your organisation.
- Deep dive SWOT (strengths/weaknesses/opportunities/threats).
- Discover and address blind spots.
- Establish core purpose, values and behaviours.
- Agree strategic priorities and high level action steps for the key areas of development, including addressing participation barriers and increasing participation, particularly for under-represented groups.
- Organisation brand, colours and images seamlessly integrated into your plan.
- Please [contact us](#) for a quotation based on organisation size, complexity and needs.

Policies & Procedures Manual

Starting from
\$4,800* (excl. GST)

- Improve your organisation's operational effectiveness and efficiency with a one-stop-shop Policies and Procedures Manual.
- Your Manual will include your organisation's bespoke policies and procedures along with hyperlinks to state and national policies required to be adopted by sporting organisations.
- Please [contact us](#) for a quotation specific to your organisation's needs.

Please enquire about our other services and how we can help you enhance organisational capacity and efficiency

- Member Insights Survey
- Program review
- Board/Committee Induction Pack
- Board/Committee Position Descriptions
- Women and girls inclusion strategy
- Operational Plan to embed your strategic plan into practice
- Strategic Plan annual review
- Business advice and mentoring

Testimonials

“Frankston Netball has engaged Nikki for several projects over the past 6+ years. She facilitated the design of a high level 'one off' project as well as 2 Strategic Plans and their review. She designed and developed comprehensive Strategic Plans which reflect the complexities of a post-Covid community sport environment. Nikki works collaboratively with Staff and Board to deliver an exceptional final product, which encompasses stakeholders at all levels. Nikki relates well to people in all areas of the organisation; she is respectful and kind. Nikki's professional guidance is outstanding; she demonstrates an understanding of sport at all levels of the pathway” (Miranda Castles, Business Manager, Frankston District Netball Association).

“Nikki helped prepare a strategic plan for our local sporting club. Nikki is practical, forward thinking and was a pleasure to work with. She has helped add enormous value to our club's strategic plan, including embedding the plan with practical steps. I highly recommend Nikki in her field as a sports consultant” (Tyson Holbery, Vice President, Little Athletics Chelsea).

“I had the pleasure of working with Nikki on Netball Victoria's 2022 Leadership Series, where we collaborated on a vision of 'Building the capacity of our netball community to empower them to become aspiring and inspirational leaders.' Nikki was host and facilitator for all three Sessions. In each session, her reflection pieces were invaluable and her ability to bring out the presenters' stories was a highlight. Nikki also presented on her leadership experiences and Village life and vision to support the AUS Sliding Sports and Alpine athletes and coaches to perform at their best at the 2022 Beijing Olympic Winter Games, in the role of Yanqing Village Manager, which was truly inspirational and insightful” (Shelley Haynes, Facility Development Manager, Netball Victoria).

“Nikki managed to succinctly analyse the problem that Monash University wished to solve, pull together a coherent outline and project process from many disparate sources of information, convene individuals with a wide range of interests into a focused process with the end result being an outcome that will form the template for future action. All done on time, in budget and with a smile!” (Martin Doulton, Director Monash University Sport).

