

# GAME DEVELOPMENT CONFERENCE



2024 12 - 18 FEB



A range of online and practical sessions hosted by coaching and umpiring experts



**MON 12 FEB**  
ONLINE SESSION

**Coaching Panel Q&A**  
Simone McKinnis OAM + Guests

**TUE 13 FEB**  
ONLINE SESSION

**Performance Analysis**  
Dr. Peter Browne  
**Play with Purpose**  
Dr. Shane Pill

**SUN 18 FEB**

PRACTICAL SESSION  
9.00am-4.00pm, State Netball Centre, Parkville

**Building a Successful Team**

**Keynote Speaker Tracey Neville**

Inaugural Melbourne Mavericks and former England Roses Head Coach

**2024 World Netball Rule Updates**

Josh Bowring



## HIGH PERFORMANCE COACHING

### Creating Opportunities

*Creating defensive turnovers*  
Cathy Fellows

### Attack Through the Noise

*Beating offline defensive strategy*  
Julie Hoornweg

### Tall Evolution

*Changing role of the GS*  
Caitlin Thwaites



## ASSOCIATION/CLUB COACHING

### Creating Space for Self and Other

*Movement patterns to open up space*  
Julie Hoornweg

### Defence 101

*Positioning and movement to maximize the intercept*  
Cathy Fellows

### Getting on the Move

*Goaler rotations*  
Kath Knott



## UMPIRING

### Creating Positive Umpire Culture

*Giving umpires the best opportunity to learn*

Representatives from AFL, Basketball Victoria and Football Victoria

### Testers Meeting

Netball Victoria

# COACHING SESSIONS



## MONDAY 12 FEBRUARY

### Coaching Panel

Simone McKinnis OAM & Guests

This online session will feature three High Performance coaches from netball, basketball, and AFL, delving into coaching at the elite level and how those key principles also apply at community level. A relaxed but candid discussion across a variety of topics including management of athletes and their performance, coaching female compared to male athletes, getting to the pointy end of the season, and the pressures of coaching. The session will include the opportunity for your questions to be answered by three of the best in their respective fields.

## HIGH PERFORMANCE: TUESDAY 13 FEBRUARY

### Performance Analysis

Dr. Peter Browne

Performance analysis - what is it? How do we use performance analysis? Dr. Peter Browne, Performance Analyst for the Melbourne Vixens, will discuss how statistics and video are used in Suncorp Super Netball and where they provide value to coaches and athletes. The session will cover how data and video can be used to inform decision-making during a match and in the training environment.

## CLUB/ASSOCIATION: TUESDAY 13 FEBRUARY

### Play with Purpose

Dr. Shane Pill

Shane will present on a contemporary player/athlete-centred coaching approach, Play with Purpose. As a game-based approach, Shane will explain why and how training needs to prioritise game form practice and the science behind why game form training should be the basis of deliberate practice at every level of player development. Shane will explain how the Play with Purpose model emphasis on the development of player game sense builds from game sense games to play practices and then situation or context.

## SUNDAY 18 FEBRUARY

### Keynote Address - Building a Successful team

Tracey Neville

Hear what it takes to build a successful team from the inaugural Head Coach of the Melbourne Mavericks. Tracey will draw on her experiences with the England Roses and Adelaide Thunderbirds, covering topics such as building relationships and communication. She will offer insight on the environment and relationships she has created to develop successful teams at the elite level.

## HIGH PERFORMANCE: SUNDAY 18 FEBRUARY

### 'Creating Opportunities': Creating defensive turnovers - Cathy Fellows

Cathy Fellows

At the elite level it cannot be an expectation to 'wear teams down' to force errors; a team's strategy needs to be led by proactively creating opportunities to contest. This session will explore how to impact the 'where and when' of the contest so that athletes have confidence to 'go for it' defensively.

## CLUB/ASSOCIATION: SUNDAY 18 FEBRUARY

### 'Creating Space for Self and Others': Movement patterns to open up space

Julie Hoornweg

When a team is in possession of the ball, there are a variety of skills and decisions to be made to ensure the team stays in control of the ball - this session will focus on the decision-making skills required for athletes to open up space for themselves and teammates.

## HIGH PERFORMANCE: SUNDAY 18 FEBRUARY

### 'Attack Through the Noise': Beating offline defensive strategy

Julie Hoornweg

Teams at the elite level need to have a 'bag of tricks' to counter the ever-increasing defensive pressure applied throughout a game. Attacking tactics rely on skilful, thinking players who can deliver both personal and team strategies effectively. This session will build an awareness of the types of strategies which can be implemented when dealing with a variety of defensive setups.

## CLUB/ASSOCIATION: SUNDAY 18 FEBRUARY

### 'Defence 101': Positioning and movement to maximise the intercept

Cathy Fellows

The best defenders have the best footwork - this session will focus on skills and drills to improve athlete defensive capabilities.

## HIGH PERFORMANCE: SUNDAY 18 FEBRUARY

### 'Tall Evolution': Change of the GS

Caitlin Thwaites

Hear from Caitlin Thwaites and Melbourne Vixens General Manager High Performance Megan Simpson as they discuss the evolution of taller athletes, their role within teams, and the key factors to ensuring they fulfill their true development potential. Caitlin's personal journey highlights the need for players to continue to grow and develop as the game evolves.

## CLUB/ASSOCIATION: SUNDAY 18 FEBRUARY

### Getting on the Move': Goaler Rotations

Kath Knott

Goaler rotation is one key element of balancing a goal circle. It requires one player being an option to the ball and one player being an option to the post, as well as communication and vision by the goalers and midcourters to work together, read off one another and feed the ball. This session will touch on each of these elements and extend to include inside and outside the ring, re-feeds to the midcourt and goaler to goaler passes.



SUNDAY 18 FEBRUARY

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SUNDAY 18 FEBRUARY

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## 2024 World Netball Rule Updates

Josh Bowring

Join 2023 Lorna McConchie Umpire of the Year Josh Bowring as he outlines the updates to World Netball's 2024 Rules of Netball. The updated rules will come into effect during 2024, so whether you are a player, coach, umpire, mentor, administrator, or just a keen netball enthusiast, ensure you have a good understanding of the incoming changes and how they will be applied.

SUNDAY 18 FEBRUARY

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## Creating Positive Umpire Culture

This session will explore how we can create positive environments for umpires across community sport, and what support can be provided to allow developing umpires the best opportunity to learn and develop their skills in a safe atmosphere. We welcome a panel of presenters from various sporting codes – including AFL, Basketball Victoria and Football Victoria – to discuss the initiatives they have implemented within their codes, their effectiveness, and the impact they may have with respect to Child Safety.

SUNDAY 18 FEBRUARY

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## Testers meeting

During this informative meeting we will discuss all things relevant to testing and accreditations. Learn how to become an endorsed tester – our endorsed testers are a valuable part of our netball community, facilitating our umpires through the start of the accreditation pathway and ensuring the umpiring across the state is of a high standard. We will discuss how to compose a testing panel and correctly complete the practical assessment sheet, what is required of the testing candidate, and dive into the competencies of the C Badge and B Badge.