



WORKFORCE DEVELOPMENT WORKSHOPS & COURSES



COACHING

COACH EDUCATION WORKSHOPS

- All workshops are 2 hours' duration
- Minimum participants: 10
- Maximum participants: 30
- Face-to-face - \$20

INTRODUCTION TO COACHING

Content covers the most common off-court questions and concerns faced by beginner coaches, providing the support they need to start their coaching journey with confidence.

MENTORING

Provides coach mentors with a customisable framework for effectively mentoring beginner coaches, helping them to progress through the pathway and building their skills and knowledge.



COACHES IN THE FIELD

- All workshops are 3 hours' duration
- Minimum participants: 10
- Maximum participants: 30
- Face-to-face delivery - \$50

GAME SENSE

Participants will understand the role of 'Game Sense' in developing unique, tactical thinkers. This workshop is designed to promote an understanding of how this approach assists in the development of strategic thinking and skill acquisition, by focusing on the game rather than technical (skill) practice.

BALL HANDLING

Understand and experience implementing the coaching points of various netball ball handling skills for coaches up to Intermediate accreditation level. Experience a 'Game Sense' approach for players to develop appropriate choice of pass selection, goal shooting technique and effective execution of skills.

FOOTWORK

Identify and implement skill progression and regression and gain an understanding of, and experience implementing, the coaching points of various netball footwork skills. Through footwork circuits and with a 'Game Sense' approach, coaches will learn the skills to develop athlete application of footwork in dynamic court situations.

GENERAL ATTACKING

Participants will develop an understanding and experience the implementation of various netball attacking skills and techniques, whilst learning the coaching points for player development. Focus areas include reading cues for timing of leads, transition from defence into attack and the application of differing age-appropriate attacking skills.

GENERAL DEFENDING

Participants will experience a 'Game Sense' approach for players to develop their defensive skills. With a focus on spatial awareness, vision, balance and voice, coaches will learn to teach the skill of reading cues for timing for interception, transition play from defence to attack and strategic decisions.

CENTRE COURT SPECIALIST

Participants will be able to recognise the skills specific to WD, C and WA and how to coach these skills using sequential skill development progression framework. They will also understand the role of the centre court, individually and in combination with other players, and as a link between the defence and attack thirds.

SPECIALIST GOAL CIRCLE

Participants will be able to recognise the skills specific to GS, GA, GD and GK, and how to coach the skills specific to the positions. They will also further understand the role of the circle players, in both a goal circle and whole court context, using a 'Game Sense' approach to develop tactical thinking and strategic play for skill acquisition.

GAME DAY COACHING

The workshop is designed to assist coaches in their planning for effective game day coaching. Coaches will learn key skills for giving and receiving effective feedback through observation and practice, using clear communication and statistic taking. It also serves to reinforce the key attributes for each position and age-appropriate skill levels.



ACCREDITATION COURSES

- **Foundation Coach Accreditation Course**
Online course via Netball Learning \$70
- **Development Coach Accreditation Course**
Blended learning course consisting of:
 - Online course via Netball Learning \$60
 - 4.5 hour practical face-to-face workshop including assessment \$70
- **Intermediate Coach Accreditation Course**
8 hour face-to-face workshop including assessment \$150

All Coach Accreditations require a current Rules of Netball Exam completion (online via Netball Learning \$12.50), with a pass mark of 70.

All courses and workshops are run in accordance with the Netball Australia National Coach Development Framework. Some prerequisites apply for enrolment and completion.

The Intermediate Coach Accreditation Course (and Development face-to-face workshop upon request) require coaches to provide two athletes (15+ years old) to assist in practical components and assessments.



UMPIRING



WORKSAFE UMPIRES IN THE FIELD

- Introduction to Umpiring is a 3-hour workshop
- Other topics are 2-hours workshops.
- Minimum participants: 10
- Maximum participants: 25
- Face-to-face or online delivery \$35

INTRODUCTION TO UMPIRING

Aimed at: Beginner umpires with little or no umpiring experience.

This workshop is for umpires beginning on their umpiring pathway. Participants in this workshop are assumed to have little knowledge of umpiring but some basic knowledge of the rules. Topics include expectations and characteristics of a beginner umpire, using your whistle and hand signals effectively, infringements and sanctions, and positioning on the court.

MENTORING

Aimed at: Umpire Mentors and Umpire Coaches.

The Mentor workshop looks at the skills and knowledge needed to guide and progress umpires through the different stages of their pathway. It has a strong focus on mentoring beginner umpires.

Covers topics such as the mentor/mentee relationship and responsibilities, constructive feedback skills, 'the dos and don'ts' of mentoring, and expectations of beginner umpires.

RE-INTRODUCTION TO UMPIRING

Aimed at: People with previous umpiring experience who have some knowledge of the rules of netball. The 'Re-Intro' workshop is designed for participants who would like to refresh their knowledge of umpiring techniques after some time away from the court. As well as covering all the basics, this workshop will also cover updates around protocol, procedures and changes to the rules of the game.

ADVANCED MENTORING

Aimed at: Umpire Mentors and Umpire Coaches.

Advanced Mentoring has been developed for Umpire Mentors of C badge accredited umpires who are working towards their B badge.

It provides umpire mentors and umpire coaches guidance, advice and tips that they can use with their umpires to advance them through their pathway.

This workshop looks at key areas of development and expectations of B badge umpires, and ways to provide effective feedback to achieve these skills with a successful mentor/mentee relationship.

YOUR DECISION COUNTS

Aimed at: C Badge accredited umpires (minimum).

Your Decision Counts is a deep dive into an umpire's decision-making process and is presented by umpires with a High Performance background.

It is for umpires wanting to progress their knowledge, experience and understanding of contact, obstruction and the application of advantage, athlete biomechanics and how positioning and vision can affect decision making.

It has a strong focus on analysis of contact vs contest and understanding of interference.

COMPREHENDING THE COMPETENCIES

Aimed at: Umpire Testers and Umpire Mentors.

This is a breakdown of the National Umpire Development Framework, definitions of competencies, and the competency matrix.

The workshop explains what the level of proficiencies and competency ratings are in plain terms, and what they look like on court.

Also covers writing testing assessment sheets and action plans for unsuccessful tests.

UMPIRE DEVELOPMENT DAYS (previously known as Camps)

C BADGE DEVELOPMENT DAY

The C Badge Development Day is aimed at umpires who have a current C Badge accreditation and are aspiring to be awarded their B Badge accreditation.

It is a full day event that includes theory-based presentations and discussions, as well as practical on court umpiring. Participants will be provided with coaching and feedback from some of Victoria's most experienced Umpire Coaches.

The Development Day covers a broad range of topics to assist umpires in their progression of knowledge and improve their practical skills.

Camps will be held both metropolitan Melbourne and regional Victoria.

B BADGE DEVELOPMENT DAY

The B Badge Development Day is an excellent opportunity for umpires who aim to progress into the High Performance programs, as it allows umpires to continue to develop and consolidate the skills and competencies required of a B Badge accredited umpire.

It is aimed at umpires who hold a current B Badge Accreditation who are wanting to continue to learn and develop their umpiring skills.

As a whole day event, topics will include 'Positioning, Vision and Timing', 'Contact vs Contest', 'Game and Match Management'.

GAME AND MATCH MANAGEMENT

Aimed at: C Badge accredited umpires (minimum).

This workshop aims to provide umpires with improved understanding of the Game Management and Foul Play rules.

Umpires will gain confidence to apply game management, as well as learn techniques available to them in their Match Management 'toolkit', in order to keep the game safe and enjoyable for everyone.



OTHER PROFESSIONAL DEVELOPMENT FOR COACHES AND UMPIRES

‘FROM THE SIDELINES’

ASSOCIATION MENTORING

Netball Victoria invites affiliated associations and leagues to nominate for Association Mentoring.

Netball Victoria will provide Umpire and Coach Mentors to work with nominated umpires and coaches at your association/league to further their development in a game day setting.

This also provides opportunities for Umpire Coordinators to assess their Umpire Development and Training Programs to enable best practices and achieve greater development of grassroots umpires.

Umpire Mentors will coach and train umpires, give them rich feedback and address Key Performance Indicators and Action Plans for further development.

Coach Mentors will work with and observe coaches prior to, during and post-match, providing feedback regarding coaching approach and reviewing coach practices.

It is also aimed at talent identifying umpires and coaches across the state to enable further training and opportunities for development.

Cost: \$500 (including minimum two Mentors for day of competition). Opportunities are limited, so book in quick!

GAME DAY EXPERIENCE

Join esteemed High Performance coaches and umpires on game day to experience the match ‘From the Sidelines’. Offered at Suncorp Super Netball (SSN) and Victorian Netball League (VNL) matches, coaches and umpires are provided the unique opportunity to sit alongside and hear from the best.

Coaches will discuss and observe game plans and tactics, decision-making, player rotations and pre- and post-game debriefs. Coaches will be provided templates for statistic keeping, learning how some simple statistics can inform coaching decisions, and how the learning and practices can be implemented with their own athletes.

Umpires will observe the way match officials communicate and build rapport with players, examine body movements and contesting of players and umpires’ decision-making process. Participants will learn how High Performance habits, including everything from warm up to on-court communication, can be applied at all levels of competition to improve their own umpiring.



USEFUL LINKS

Coaching

Coaches in the Field information: <https://vic.netball.com.au/coaches-in-the-field>

Foundation Coach Accreditation: <https://learning.netball.com.au/totara/program/view.php?id=94>

Development Coach Accreditation: <https://learning.netball.com.au/totara/program/view.php?id=105>

Intermediate Coach Accreditation: <https://learning.netball.com.au/course/view.php?id=522>

Umpiring

WorkSafe Umpires in the Field information: <https://vic.netball.com.au/worksafe-umpires-in-the-field>

Development Day information: <https://vic.netball.com.au/camps-and-programs>

Association Mentoring: https://netballvictoria.formstack.com/forms/association_mentoring_application_umpiring

Contact Us

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